



# Stroke Survivors Support Group

If you or someone you know has suffered a stroke, we invite you to join us. Develop a support system with others going through similar stroke lifestyle changes. This support group is for stroke survivors and their families, an informal atmosphere to share common concerns and to learn about community resources and activities.

**Every first Wednesday and every last Monday of the month 12:30 to 2:00 p.m.**

Mercy San Juan Medical Center  
Lukens Auditorium  
6555 Coyle Avenue, Carmichael, CA

Facilitated by Mercy San Juan Medical Center  
Stroke Survivors Support Group is FREE

All are welcome. For more information, please call **916.537.5177**



## 2024 Schedule

### First Wednesday:

January 3, 2024  
February 7, 2024  
March 6, 2024  
April 3, 2024  
May 1, 2024  
June 5, 2024  
July 3, 2024  
August 7, 2024  
September 4, 2024  
October 2, 2024  
November 6, 2024  
December 4, 2024

### Last Monday:

January 29, 2024  
February 26, 2024  
March 25, 2024  
June 24, 2024  
July 29, 2024  
August 26, 2024  
October 28, 2024  
November 25, 2024  
December 30, 2024