Dignity Health.
Methodist Hospital of Sacramento

Human Trafficking Medical Safe Haven Curriculum

1. **Human Trafficking Trauma Informed Care Training**
   Include clinic staff, resident physicians and faculty.

Training Resources to Consider:

- *Creating a Medical Safe Haven Educational Module* (access at www.DignityHealth.org/msh)
- Human Trafficking 101 Educational Flyer
- Trauma Informed Care Educational Module
- Labor and/or Sex trafficking survivor speaker(s)
- Victim service agency representative
   - perspective on Trauma Informed Care for client population served

2. **Recognition / obtaining a thorough history** (workshop)
   Training Resources to consider: (access at **www.DignityHealth.org/msh)**
   a. HT MSH patient care physician tip Sheet
   b. Include role play: bring in subject matter expert from HT response agency
   c. Show patient visit role play video

3. **Health Screenings in HT patients**
4. **Child Abuse/ Adverse Childhood Events**
5. **Trauma/Complex PTSD**
6. **Anxiety and Depression**
7. **Substance Abuse Disorder**
8. **STI**
9. **Trauma-Informed affirming care for LGBTQ+ patient population**
10. **Labor Trafficking** (workshop)
    a. Physical signs/indicators
    b. Labor trafficking survivor speaker
    c. Show video of subject matter expert from agency
    - Resource: Coalition to Abolish Slavery and Human Trafficking (CAST)
11. **Connecting to local resources** (workshop)
    a. Visit 2-3 local HT response agencies in small groups (over multiple days)
    b. Show a few videos of subject matter experts from HT response agencies
       I. Scope of services
       II. What moving from victim to resiliency in their clients look like
       III. How the Medical Safe Haven can help
       IV. Story of success
    c. Provide a tip sheet to include name of agency, scope of services and how physicians can help. (Refer to: Sample Agency Resource Tip Sheet)
12. **Resiliency: Provider burnout/ protection**
    a. Bring in therapist as subject matter expert to discuss
       i. Vicarious trauma and how to respond to it
       ii. Grounding techniques for physicians
       iii. Self-Care